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NEW YEAR'S EVE
IN CINEMAS THURSDAY DECEMBER 8

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Drop a dress size in 8 weeks!
Look amazing in your LBD!
No more hunger pangs!

Free Diet Assessment

Weight:

Height:

Age:

Gender: Female Male



The real ugly Betty

Acting TV Editor Gina decided to make like an a-lister and get a Hollywood smile...

So it's been three weeks since I had my brace fitted and unbelievably my teeth have already moved * beams *! They haven't just moved, they're a billion times better than they were just 21 days ago.

Why am I having a brace at the ripe old age of thirty, ahem, five? Well, despite wearing the full Ugly Betty style fixed braces for a year when I was 15, my two front teeth had moved backwards and the teeth either side were too far forward giving me a snaggle tooth effect - an interesting look.

So I decided to do something about it - inspired by the likes of Holly Willoughby, Gwen Stefani and Myleene Klass. This time though I decided to avoid the Metal Mickey look and I've opted for an Inman Aligner - a removable clear brace designed to straighten teeth super speedily, sometimes in as little as eight weeks (although it will probably take me more like six months as I'm having the bottom room straightened too). It's not as common as Invisalign but usually quicker and cheaper.

I'm having my treatment at the London Smile Clinic where all the staff are incredibly friendly as well as professional. After an initial consultation and check up I was advised to have a filling (my first ever, get me!) and visit the hygienist for a thorough scrub up.