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## Can you recommend a good London dentist that does teeth whitening?

If your pearly whites aren't quite living up to their name, help is hand. Here's our guide to London's best drop-in dentists.



Visit one of our recommended London dentists for teeth whitening. Photo: © i love images / Alamy



**Chris Mandle**  
Grooming expert and journalist  
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### In the Know question:

Can you recommend somewhere that does teeth whitening and other cosmetic dental procedures?

### Answer:

Everyone's teeth have a natural shade, so even if they're scrubbed and polished, they might not be as white as you'd like. There are loads of treatments available but if you're averse to dunking your gnashers in chemicals, fear not.

Bandish & Auplish, on Harley Street, use a simple process that encourages your teeth's natural oxidation, improving their natural whiteness.

There are a number of whitening treatments available at One To One Dental depending on the severity of the case. For example, if you have a dead nerve in your tooth it can blacken from the inside out, requiring internal whitening. One To One have stylish treatment rooms, which will make you completely relaxed.

If you're looking for other cosmetic dental treatments but have horrible memories of 'train tracks', don't worry. Now corrective procedures can be done behind-the-scenes without the need for unsightly braces or retainers.

The London Smile Clinic offers a range of services including invisible alignment, so you can get your teeth fixed without feeling self-conscious

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